



September Menu 2023



Monday	Tuesday	Wednesday	Thursday	Friday
4 Breakfast: Muffins, Mixed Fruit, Milk Lunch: Spaghetti, Pineapples, Peas, Roll, Milk Snack: Vanilla Wafers, Cheese Sticks, Water	5 Breakfast: Bagels, Yogurt, Milk Lunch: Turkey Meatballs, Mashed Potatoes, Peas, Applesauce, Milk Snack: Pretzels, Celery, Water	6 Breakfast: French Toast, Mixed Fruit, Milk Lunch: Fish Sticks, Green Beans Pears, Roll, Milk Snack: Cheese Its, Apples, Water	7 Breakfast: Waffles, Oranges, Milk Lunch: Mac & Cheese, Mixed Veg., Peaches, Milk Snack: Graham Crackers, Sunflower Butter, Water	8 Breakfast: Nutri Grain Bars, Mixed Fruit, Milk Lunch: Turkey Sandwiches, Carrots, Apples, Milk Snack: Cheese & Crackers, Water
11 Breakfast: Raisin Bread, Peaches, Milk Lunch: Chicken Nuggets, Broccoli Apples, Rolls, Milk Snack: Cheeseballs, Carrots Water	12 Breakfast: Pancakes, Applesauce, Milk Lunch Grilled Cheese, Carrots, Pears, Milk Snack: Gold Fish, Pineapples, Water	13 Breakfast: Chicken Biscuit, Peaches, Milk Lunch: Chicken Alfredo, Peas & Carrots, Oranges Milk Snack: Veggie Straws, Strawberries, Water	14 Breakfast: Cheese Toast, Oranges, Milk Lunch: Pizza, Pears, Corn, Milk Snack: Pretzels, Cantaloupe, Water	15 Breakfast: Cereal, Bananas, Milk Lunch: Chicken & Cheese Wrap, Sweet Potato Fries, Pineapples, Milk Snack: Animal Crackers, Applesauce, Water
18 Breakfast: Muffins, Mixed Fruit, Milk Lunch: Spaghetti, Pineapples, Peas, Roll, Milk Snack: Vanilla Wafers, Cheese Sticks, Water	19 Breakfast: Bagels, Yogurt, Milk Lunch: Turkey Meatballs, Mashed Potatoes, Peas, Applesauce, Milk Snack: Pretzels, Celery, Water	20 Breakfast: French Toast, Mixed Fruit, Milk Lunch: Fish Sticks, Green Beans Pears, Roll, Milk Snack: Cheese Its, Apples, Water	21 Breakfast: Waffles, Oranges, Milk Lunch: Mac & Cheese, Mixed Veg., Peaches, Milk Snack: Graham Crackers, Sunflower Butter, Water	22 Breakfast: Nutri Grain Bars, Mixed Fruit, Milk Lunch: Turkey Sandwiches, Carrots, Apples, Milk Snack: Cheese & Crackers, Water
25 Breakfast: Raisin Bread, Peaches, Milk Lunch: Chicken Nuggets, Broccoli Apples, Rolls, Milk Snack: Cheeseballs, Carrots Water	26 Breakfast: Pancakes, Applesauce, Milk Lunch Grilled Cheese, Carrots, Pears, Milk Snack: Gold Fish, Pineapples, Water	27 Breakfast: Chicken Biscuit, Peaches, Milk Lunch: Chicken Alfredo, Peas & Carrots, Oranges Milk Snack: Veggie Straws, Strawberries, Water	28 Breakfast: Cheese Toast, Oranges, Milk Lunch: Pizza, Pears, Corn, Milk Snack: Pretzels, Cantaloupe, Water	29 Breakfast: Cereal, Bananas, Milk Lunch: Chicken & Cheese Wrap, Sweet Potato Fries, Pineapples, Milk Snack: Animal Crackers, Applesauce, Water

